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Airway Heights, WA 99001
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Fax: 509-244-8945

Chiropractic Massage Rehabilitation Weight Loss
HIPAA - NOTICE OF PRIVACY PRACTICE SUMMARY

-This summary discloses how health information about you may be used. A full notice of your privacy rights will be provided to you upon your request.

-West Plains Wellness uses health information about you for treatment, to obtain payment for treatment with your authorization as required, for administrative purposes, and to evaluate the quality of care that you receive.

-West Plains Wellness values your privacy and will not disclose your personal information without your written permission, or unless the law authorizes or requires us to do so.

-You have the right to see your medical records at any time. You must provide a written request to obtain a copy of your medical records. West Plains Wellness reserves the right to charge for these copies per Washington State Law and will provide copies in a timely manner.

-You may amend your medical records with a written request.

-You may file a written complaint to Chani Brooks and to the Department of Health and Human Services if you believe your privacy rights have been violated. You will not be retaliated against for filing a complaint.

-West Plains Wellness must maintain the privacy of protected health information (PHI), provide you with notice of its legal duties and privacy practices with respect to your health information and abide by the terms of the notice.

-If you have any questions about your protected health information (PHI), please contact Chani Brooks at 509-244-4818.

By my signature below, I acknowledge receipt of the Notice of Privacy Practices in one of these formats:

I have been provided a Hard Copy of the Notice of Privacy Practices (NPP)

I have been given an electronic version sent to my email listed below:

I do not need a copy at this time, but I may ask for one at any time.

Date _____

Signature of Patient or authorized representative

Printed name if signed on behalf of patient/ Relationship (parent, legal guardian, personal representative, etc.)

This form will be retained in your health record.

Missed Appointment Policy for ALL West Plains Wellness Services

It is vital to your care that you keep all your appointments, with the exception for emergencies. Appointment printouts or text/email reminders are provided to help you save the date. If you need to reschedule an appointment, please call our office and arrange for a make-up appointment. In the instance of a last minute/rescheduled appointment or a NO SHOW without notice by phone or email (less than 24 hours of your scheduled appointment time), we reserve the right to charge you a \$50 No Call/ No Show Fee for Chiropractic Appointments and Massage Therapy Appointments. If you accumulate 2 or more no show fees (regardless of reason) for Massage Therapy, we reserve the right to require payment (a retainer) in advance of your normal fee or billed rate.

We reserve the right to offer/ not offer 2-hour massage sessions at our discretion. If you are scheduled for a 2-hour massage session, we reserve the right to require payment in advance for, at minimum, a 1-hour session at your normal rate. If this appointment is cancelled or rescheduled (for ANY reason) less than 24 hours of your scheduled appointment time, the payment previously made is non-refundable.

Once you have completed all visits allowed on your claim or referral, and you have successfully kept all scheduled visits, the retainer previously collected can be refunded or left on your account as a future credit.

If you are currently being treated under an open Motor Vehicle claim, Worker's Comp claim, or VA referral, this fee WILL NOT be billed to your insurance, or on behalf of your claim for Motor Vehicle Accident and/or Worker's Comp. You will be personally responsible for this fee, at your normal massage rate.

Printed Name _____

Signature _____

Date _____

I give permission to West Plains Chiropractic (DBA West Plains Wellness) to VERBALLY discuss the following medical and billing information about me (check all boxes that apply):

Scheduling/Appointment information

Medical information, including my symptoms, diagnosis, medications and treatment plan

Behavioral health information, including my symptoms, diagnosis, medications and treatment plan

Chemical dependency information, including my symptoms, diagnosis, medications and treatment plan

Lab/test results

Billing and payment information

Other (describe):

WPC/WPW has my permission to discuss the above information with:

Name Street address

City, State, Zip

Home phone

Work phone

Name Street address

City, State, Zip

Home phone

Work phone

I understand that I have the right to revoke my permission at any time except where WPC/WPW has already made disclosures in reliance upon this request. I understand that I must notify WPC/WPW in writing if I want to revoke my permission.

Date

Signature of Patient/Authorized Representative X

If authorized representative, please sign and attach copies of supporting legal documentation.

Reason patient unable to sign

NOTE: For copies of medical records, contact

—Information sheet on back—

Revised 01022021

Datapool>new patient forms

—Completion of this form is optional—

West Plains Chiropractic, P.S. (DBA West Plains Wellness) knows that privacy regulations have an impact on our customer service to you, especially when it comes to discussing information about you with family, friends and others you designate who are involved in your care. We have established a process that allows you to tell us who we may talk with about your medical care. This includes appointment and scheduling information, lab and test results, treatment information and billing information.

How can I give others permission to get verbal information about me?

Complete the Permission to Verbally Discuss Protected Health Information form on the reverse side of this page to let us know to whom we may speak about your information. Check the appropriate boxes to indicate what information we may discuss. You may also send us a letter with this information.

How is the information on the form used?

Anytime your designated person calls or makes a request on your behalf, we will verify the individual has your permission to receive the information and then we will share the information.

What are some examples of when this might be useful?

If an elderly parent wants an adult child to help understand medical treatment instructions

If an adult child is helping with billing questions

If a friend is helping an elderly patient with health issues

If a college student wants information shared with a parent

If an adult child calls to find out his/her parent's appointment time

Can the person I designate also get copies of my medical records?

No, they can only receive verbal information. To get copies of medical records, you must complete a separate Authorization form available at our clinics, by calling

What if I change my mind?

You can change or revoke (stop) this process at any time by writing to us at the address shown below. Forms are available at your clinic.

What happens if I don't complete this form?

We will continue to protect your private health information as required by law.

Where do I send the completed form or any changes? Mail to:

West Plains Wellness

Release of Information 12727 W 14th Ave. ■ Airway Heights, WA 99001

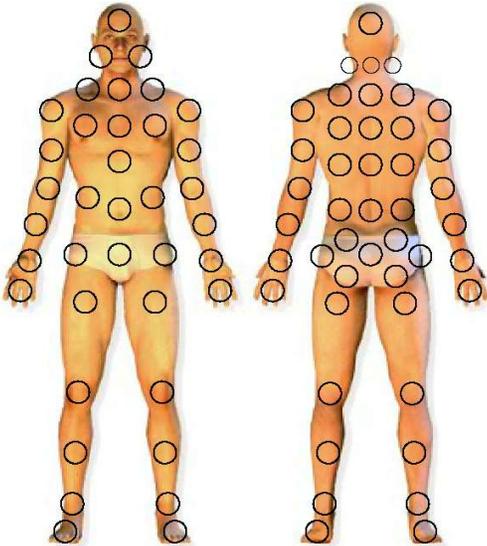
OR fax to:

509-244-8945

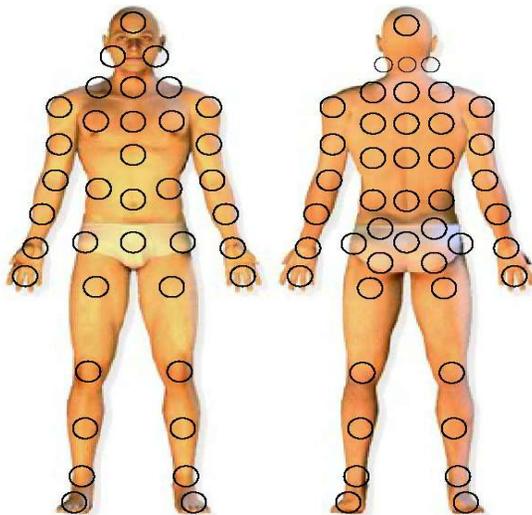
Call 509-244-4818 with questions.

Name: _____

Date: _____



- Rate your level of pain: 1 2 3 4 5 6 7 8 9 10(extreme)
- How much of your day do you have pain? 10 20 30 40 50 60 70 80 90 100(constant)
- Pain when at its worst: 12345678910(extreme)
- Pain when at its best: 12345678910(extreme)
- My pain started: gradually Suddenly
- My pain has been getting: Better Worse Staying the same
- Approximate date the pain started: _____
- Activities that make my pain worse _____
- Action that makes the pain better: _____
- Circle those that describe your pain: dull aching, sharp stabbing, throbbing, radiating, numbness, tingling, tightness, burning, discomfort,
- Time of the day the pain is worst: morning, afternoon, evening, before bed, while sleeping



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DATE _____	I.D. NO. _____
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PERSONAL HISTORY

Name: _____ Address: _____
City: _____ State _____ Zip Code: _____
Home Phone: _____ Birth Date: _____ Age: _____ Sex: M F
Cell Phone: _____ E-mail Address: _____
Social Security # _____ Driver's License Number: _____
Check One: Married Single Widowed Divorced Separated
Business Employer: _____ Type of Work: _____
Business Phone: _____
Name of Spouse _____ Spouse's Social Security # _____
Spouse's Employer _____ Business Phone _____
Type of Work _____ Name and Ages of Children _____
Referred To This Office By: _____
Name and Number of Emergency Contact: _____ Relationship: _____
Who Is Responsible For Your Bill, You and Spouse Workers' Comp. Auto Insurance Medicare Medicaid
 Personal Health Insurance (Name) _____ Health Card # _____
Insured Person's Name _____ Date of Birth _____

CURRENT HEALTH CONDITION

Unwanted Health Condition _____
Other Doctors Seen For This Condition: Yes No _____ Who? _____
Type of Treatment: _____ Results: _____
When Did This Condition Begin? _____ Has This Condition Occurred Before? Yes No
Is Condition: Job Related Auto Accident Home Injury Fall Other: _____
Date of Accident: _____ Time of Accident: _____
Have You Made A Report of Your Accident To Your Employer: Yes No
Drugs You Now Take: Nerve Pills Pain Killers/Muscle Relaxers Blood Pressure Medicine
 Insulin Other _____
Do You Wear A Shoe Lift? Yes No
Do You Suffer From Any Condition Other Than That Which You Are Now Consulting Us? _____

PAST HEALTH HISTORY

Please Check and Describe:
Major Surgery/Operations: Appendectomy Tonsillectomy Gall Bladder Hernia Back Surgery
 Broken Bones Other _____
Major Accident or Falls: _____
Hospitalization (Other Than Above): _____
Previous Chiropractic Care: None Doctor's Name & Approximate Date of Last Visit _____

Below are a list of diseases which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall course of care.

CHECK ANY OF THE FOLLOWING DISEASES YOU HAVE HAD:

- | | | |
|--|--|---|
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Mumps | <input type="checkbox"/> Influenza |
| <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Small Pox | <input type="checkbox"/> Pleurisy |
| <input type="checkbox"/> Polio | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Cancer | <input type="checkbox"/> Mental Disorders |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Lumbago |
| <input type="checkbox"/> Measles | <input type="checkbox"/> Thyroid | <input type="checkbox"/> Eczema |

INTAKE

- Coffee
- Tea
- Alcohol
- Cigarettes
- White Sugar

Have you been tested HIV positive? Yes No

CHECK ANY OF THE FOLLOWING YOU HAVE HAD THE PAST 6 MONTHS:

MUSCULO-SKELETAL CODE

- Low Back Pain
- Pain Between Shoulders
- Neck Pain
- Arm Pain
- Joint Pain/Stiffness
- Walking Problems
- Difficult Chewing/Clicking Jaw
- General Stiffness

- Gas/Bloating After Meals
- Heartburn
- Black/Bloody Stool
- Colitis

FEMALES ONLY:

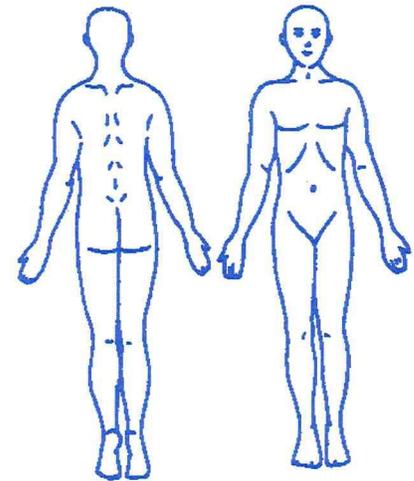
When was your last period? _____

Are you pregnant?

- Yes No Not Sure

GENITO-URINARY CODE

- Bladder Trouble
- Painful/Excessive Urination
- Discolored Urine



NERVOUS SYSTEM CODE

- Nervous
- Numbness
- Paralysis
- Dizziness
- Forgetfulness
- Confusion/Depression
- Fainting
- Convulsions
- Cold/Tingling Extremities
- Stress

C-V-R CODE

- Chest Pain
- Short Breath
- Blood Pressure Problems
- Irregular Heartbeat
- Heart Problems
- Lung Problems/Congestion
- Varicose Veins
- Ankle Swelling
- Stroke

GENERAL CODE

- Fatigue
- Allergies
- Loss of Sleep
- Fever
- Headaches

EENT CODE

- Vision Problems
- Dental Problems
- Sore Throat
- Ear Aches
- Hearing Difficulty
- Stuffed Nose

Please outline on the diagram the area of your discomfort

GASTRO-INTESTINAL CODE

- Poor/Excessive Appetite
- Excessive Thirst
- Frequent Nausea
- Vomiting
- Diarrhea
- Constipation
- Hemorrhoids
- Liver Problems
- Gall Bladder Problems
- Weight Trouble
- Abdominal Cramps

MALE/FEMALE CODE

- Menstrual Irregularity
- Menstrual Cramps
- Vaginal Pain/Infection
- Breast Pain/Lumps
- Prostate/Sexual Dysfunction
- Other Problems
- _____
- _____
- _____

FAMILY HISTORY

The following members have a same or similar problem as I do:

- Mother
- Father
- Brother
- Sister
- Spouse
- Child

DO NOT WRITE BELOW THIS LINE

ANALYSIS:

DIAGNOSIS:

Patient Accepted: Yes No Referred

Doctor's Signature

Most patients that come to our office have one of two objectives in mind concerning their health care. Some patients come for symptomatic relief of pain or discomfort (Relief Care). Others are interested in having the cause of the problem as well as the symptoms corrected and relieved (Corrective Care). Your Doctor will weigh your needs and desires when recommending your treatment program.

Please check the type of care desired so that we may be guided by your wishes whenever possible.

Relief Care

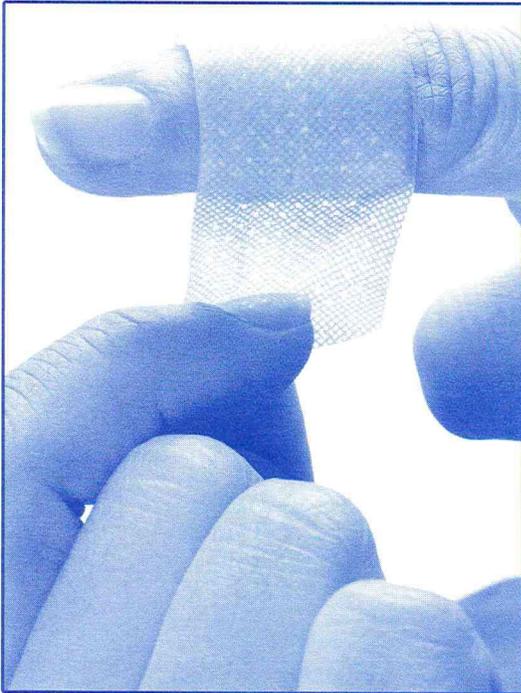
Corrective Care

Check here if you want the Doctor to select the type of care appropriate for your condition

 Date

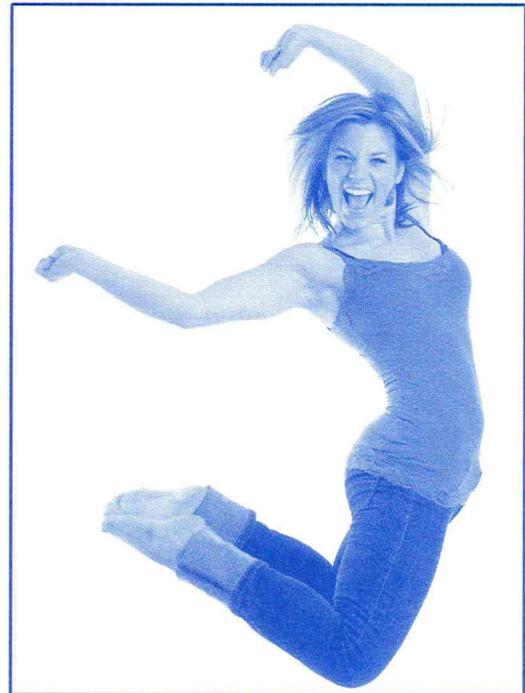
 Patient's Signature

If this is an accident related injury, please fill out the Accident Form. Thank You!



Relief Care

Relief Care is that care necessary to get rid of your symptoms or pain, but not the cause of it. It is the same as drying a floor that was getting wet from a leak, but not fixing the leak.



Corrective Care

Corrective care differs from relief care in that its goal is to get rid of the symptoms or pain while correcting the cause of the problem. Corrective care varies in length of time, but is more lasting.

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt. However, I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate, any fees for professional services rendered me will be immediately due and payable.

I hereby authorize the Doctor to treat my condition as he or she deems appropriate. It is understood and agreed the amount paid the Doctor, for x-rays, is for examination only and the X-ray negatives will remain the property of this office, being on file where they may be seen at any time while a patient of this office. The patient also agrees that he/she is responsible for all bills incurred at this office.

Patient's Signature _____

Date _____

Consent to Treat a Minor _____

Date _____

Guardian or Spouse's Signature of Authorizing Care _____

Date _____